

how to create a full moon crystal grid

You will need: A crystal generator, 5 white stones (Moonstone, Apophyllite, Selenite, Howlite, and Snow Quartz), 5 single terminated quartz points, crystal wand

Getting Started:

- Write a Forgiveness List and burn it. Follow by writing a Gratitude List and then burn it too.
- Cleanse all the crystals for the grid.
- Choose a flat surface that won't be disturbed for a minimum of two weeks. A Full Moon grid is left up until just before the next New Moon.

Laying out your grid:

- Charge your stones with your intentions. At Full Moon, ask to clear out any negativity from your life and for the strength to forgive, surrender and move on.
- Place the crystal generator at the center of the grid.
- Lay the 5 crystals around it evenly spaced out, going clockwise.
- Set the single terminated quartz points in the directions of north, south, east and west.
- Aim the points inwards if you are manifesting for yourself or outwards if you are manifesting for the world.

Activating your grid:

- Close your eyes, breathe and bring to mind your intentions.
- Open the circle by sweeping your finger or wand around the outside of the grid.
- Focus your attention on the crystal generator at the center and envision its energy streaming out and upwards towards the heavens.
- Using your wand or finger, touch your 3rd eye and then touch the generator to connect yourself to the grid.
- Touch from the generator to the first crystal in the east, then back to the generator, then to the next crystal going clockwise and back to the generator. You are literally connecting all the crystal energies.
- Visualize your goals as you do this in a meditative way, going around the grid at least one time, but as many times as you feel you need to.
- After you have touched all the stones and gone back to the generator, finish up by touching the first stone again and back to the generator, then touch your 3rd eye and back to the generator for one last time. Sweep clockwise around the grid to close the circle.

crystal incantation at full moon

I charge this grid to hold my intentions for healing under this Full Moon. I forgive, I forgive, I forgive, in all directions of time. I ask that only energies for the highest good stay in this grid's space and any energies that do not serve us are now called to leave this space. I send them into the ethers to be transmuted into white light. I forgive and I am healed. And so it is.

Source: www.yasminboland.com