

What to Work on Under Each Full Moon

AIRES

Release: clutter, indecisiveness, procrastination, people pleasing, toxic relationship patterns, self absorption

Call In: clarity, inner authority, self expression, independence, passion projects, balance of sacred masculine and divine feminine

TAURUS

Release: stubbornness, scarcity mentality, unhealthy bursts of anger, unhealthy focus on sensual pleasures

Call In: abundance, grounded pleasure, treating your senses, singing, chanting, sound therapy, present moment awareness, embodied sensuality

GEMINI

Release: need to be right, flightiness, arrogance, frivolousness, conflict, impulsiveness, overtalking

Call In: manifestations, deeper integration of your personal twin shadow self, spontaneity, acceptance of yourself in totality, peace with your past

CANCER

Release: long buried hurts, insecurity, oversensitivity, clinginess, holding grudges, being critical of others

Call In: ambitions, confidence, your life purpose, tackling what you want head on, strong family ties, balance between home life and time for work

LEO

Release: stubbornness, pride, limiting beliefs of what you think you are “allowed to have,” fear of your power

Call In: courage to live from the heart, inner child healing, your wildness and trusting your instincts, romance, leadership, storytelling skills

VIRGO

Release: fixed hold on how things have been, competition, emotional blockages to physical health, loneliness, powerlessness, judgement

Call In: devotion, magic, organization, letting the imagination run wild, being of service, spiritual vitality, potential

LIBRA

Release: holding grudges, anger, fears around love, playing the blame game, isolation, putting yourself last

Call In: balance, beauty, conscious relationships, harmony, sweetness, fresh beginnings, sunlight, time for self care, feeling lovable

SCORPIO

Release: self-sabotaging patterns, jealousy, possessiveness, regret, being too hard on yourself, disillusionment

Call In: internal/external transformation, integration with your shadow self, embracing your wildness, sexual enjoyment, endings and beginnings

SAGITTARIUS

Release: arrogance, being afraid of commitment, not seeing the big picture, irresponsibility, being too flighty and fickle, flippancy

Call In: fun, spontaneity, optimism, creativity, balance between speaking your mind and saying far too much

CAPRICORN

Release: outgrown comfort zones, need for control, doing it alone, old structures, guilt consciousness

Call In: present moment awareness, spiritual self care, returning to your center, personal accountability, new idea of what security means, surrender

AQUARIUS

Release: fixed hold on all outdated societal systems, being stuck in your comfort zone, unhealthy competition

Call In: activism, actions for social justice, big picture visions, illumination of cosmic truths, evolution, radical unity consciousness, embrace your “weird”

PISCES

Release: being the victim, stagnation, feeling helpless, insomnia, old resentments, grief, addictions, karma

Call In: creative flow, showing up for your art, intuitive downloads, serenity, soul healing, transcendence, connection to Divine, life-changing dreams